

# ADHD Resources for Parents

- **ADDitude Mag**- this is a website filled with tons of resources for parents, teachers, and students. The site includes:
  - Blog articles
  - Symptom checklists/screeners
  - Resources
  - Contacts
  - Webinars
- **CHADD**- this is a website for all things ADHD. You can find articles that have been vetted by professionals in the field as well as:
  - upcoming events and conferences
  - Support groups
  - Resources for parents, teachers, and students
  - Webinars/Videos
- Choose the right **planner**:
  - The Planner Pad
  - Order out of Chaos
  - Seeing my Time
- Find the right **ADHD Therapist**. Here are some ideas for where to start looking:
  - ADDitude Mag Resource Directory
  - AET Online Directory
  - CHADD Directory
- **Books** to consider reading or purchasing:
  - Smart but Scattered by Peg Dawson and Richard Guare
  - ADHD 2.0 by Dr. Edward Hallowell
  - Driven to Distraction by Dr. Edward Hallowell

